

Physical Education UKS2

Throughout the year the children will cover a variety of aspects of the PE curriculum to ensure all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

Autumn 1	Games - Tag Rugby <ul style="list-style-type: none">• To know and apply basic tactics and strategies for attacking play.• To work cooperatively as part of a team• To observe and evaluate performance
Autumn 2	Games - Dodgeball <ul style="list-style-type: none">• Use attacking and defending skills appropriately• Be an effective team player• Direct a ball within a court
Spring 1	Games - Netball <ul style="list-style-type: none">• To apply tactics for attack and defense• To evaluate their own and others performance• To combine and perform skills• Understand safety needs of an activity.
Spring 2	Games - Basketball <ul style="list-style-type: none">• Use attacking and defending skills appropriately• Be an effective team player• Direct a ball within a court

Summer 1	Games – Rounders / Kickball <ul style="list-style-type: none">• Demonstrate correct striking stance• Direct a ball• Use overarm and underarm throws appropriately•
Summer 2	Games – Athletics <ul style="list-style-type: none">• Run consistently considering pace over distances• Know and understand rules of relay running• Throw with control and in different styles and with accuracy• Consistently perform different jumps• Suggest how they can improve.