

Physical Education LKS2

Throughout the year the children will cover a variety of aspects of the PE curriculum to ensure all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

Autumn 1	Games Tag Rugby <ul style="list-style-type: none">• Select and apply simple tactics• Work cooperatively• Improve small game skills
Autumn 2	Games – Dodgeball <ul style="list-style-type: none">• Select and apply simple tactics• Work cooperatively• Improve small game skills• Signal for passing
Spring 1	Games Netball <ul style="list-style-type: none">• Select and apply simple tactics• Work cooperatively• Improve small game skills• Signal for passing
Spring 2	Games Basketball <ul style="list-style-type: none">• To vary shots appropriately• To throw and catch with increasing accuracy• To play to a set of rules
Summer 1	Games Rounders / Kickball <ul style="list-style-type: none">• To strike a ball with growing accuracy• To field and intercept a ball with accuracy• To cooperate and work as part of a team
Summer 2	Games Athletics <ul style="list-style-type: none">• Run consistently and smoothly - sprint and sustained• Show different styles of running• Use different throwing techniques• Jump with growing control

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| | <ul style="list-style-type: none">• Suggest how they can improve. |
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